ESU TEACHING RESOURCE

FREEZE AND JUSTIFY

OVERVIEW

This activity is a good opportunity for students to build on their Expression and Delivery skills. Whilst trying out new ideas, and putting lessons into practice, they can receive quick peer feedback.

OBJECTIVES

- To make students aware of their posture and gestures while they speak
- To practise making eye contact with the audience.

RESOURCES

A list of topics, e.g.
We should ban junk food from schools
We should televise criminal trials
We should abolish the monarchy

TASK

Ask a student to being speaking on a given topic. Encourage them to exaggerate their body language and gestures. At a random point in their speech, shout ‘Freeze!’. Ask the speaker and other students to justify the position they are currently in. For example, they might say “I was using this gesture to emphasise a point”, or “I was in a neutral position because I was checking my notes for the next sentence.” You can then unfreeze them to carry on with your speech.

Tip: For less advanced groups, use more simple topics, such as ‘the weather’ and ‘my ideal holiday’.

Tip: For larger groups, consider playing this game in smaller groups, designating one person in charge of shouting ‘Freeze!’ in each group.